

Murgh Shorba

CHICKEN SOUP PUNJABI STYLE

SERVES 4-6.

<p>2 ounces (120 gm) butter ($\frac{1}{2}$ stick)</p> <p>$\frac{1}{2}$ cup flour</p> <p>2 tablespoons garlic/ginger paste or</p> <p>6 small garlic cloves, mashed</p> <p>piece of fresh ginger size of a Brazil nut, minced</p> <p>Dry Masala:</p> <p>$\frac{1}{2}$ teaspoon cinnamon powder</p> <p>$\frac{1}{2}$ teaspoon cardamom powder</p> <p>$\frac{1}{2}$ teaspoon ground coriander</p>	<p>$\frac{1}{2}$ teaspoon paprika</p> <p>$\frac{1}{2}$ teaspoon turmeric (we omit this)</p> <p>$\frac{1}{2}$ teaspoon garam masala</p> <p>$\frac{1}{2}$ teaspoon red chili powder ($\frac{1}{4}$ tsp to serve) Cayenne pepper with Chardonnay</p> <p>2 quarts (2 liters) chicken stock (see note below) } use 5 cans (16oz each)</p> <p>1 breast of chicken, skinned and boned, then minced } use 2 breasts to (meat can be precooked) } serve as entree</p> <p>1 teaspoon sugar</p> <p>1 teaspoon salt</p> <p>$\frac{1}{2}$ cup milk</p> <p>$\frac{1}{4}$ cup heavy cream</p> <p>freshly ground pepper to taste use 1 tsp per bowl, or 1 Tbsp of half-half</p>
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Cilantro leaves to add to soup

NOTE: If you are making stock from scratch, bring 2 pounds of chicken bones to boil in 3 quarts of water (2 $\frac{1}{2}$ liters). Skim off surface scum, and reduce to 2 quarts. This will take about 1 hour.

1. In a large soup pot, melt the butter over medium heat. Sprinkle in the flour and stir steadily until the mixture just begins to turn golden brown.
2. Stir in the garlic/ginger paste and the dry masala, blending well.
3. Add the stock.
4. Bring soup to the boil, then lower heat and simmer 10 minutes.
5. Add the minced chicken breast, the sugar and salt, and the $\frac{1}{2}$ cup of milk. Simmer 5 minutes.

When serving, top with a teaspoon of heavy cream in the center of each bowl. Grind a bit of black pepper in the center of the cream.